

Mayo Clinic Health Assessment Questionnaire



Benefit Options Wellness,
your **BeWell Benefit**,
invites you to complete the free
**Mayo Clinic Health
Assessment
Questionnaire**
available now through
September 30th, 2011.

Visit
www.bewellstaywell.az.gov
log in and learn how you can
make choices to improve
your health.

The health assessment will
identify health strengths and risks
and provide you a personal report.
You may be eligible for free 1-on-1
coaching to improve or maintain
your health.