

An Introduction to GuidanceResources®

Presented by ComPsych® Corporation

STAY AHEAD of Work-Life Challenges



Overview

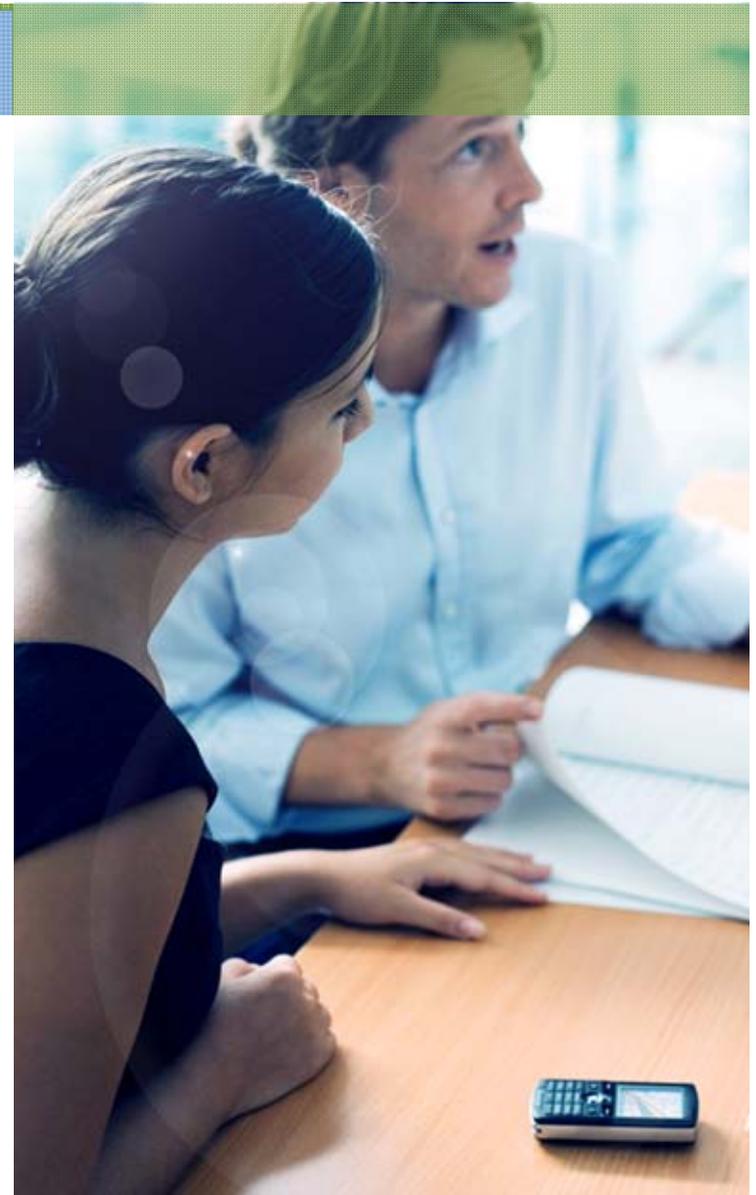
Founded in 1984 and grown to be the largest provider of EAP services in the world

Expansive and diverse customer base covering more than 82 million individuals and 31,000 organizations throughout the U.S. and more than 130 countries

Pioneer and leading provider of fully integrated EAP, legal, financial, work-life and wellness services under the GuidanceResources® brand

Global service centers staffed by dedicated clinical, legal, financial, wellness, behavioral and work-life experts—24 hours a day

Leading provider of Critical Incident Services worldwide



GuidanceResources®

Integrated GuidanceResources® allows us to be your single source for:

- › Confidential consultation on personal issues
- › Legal information and resources
- › Information, referrals and resources for work-life needs
- › Financial information, resources and tools
- › Online information, resources and tools

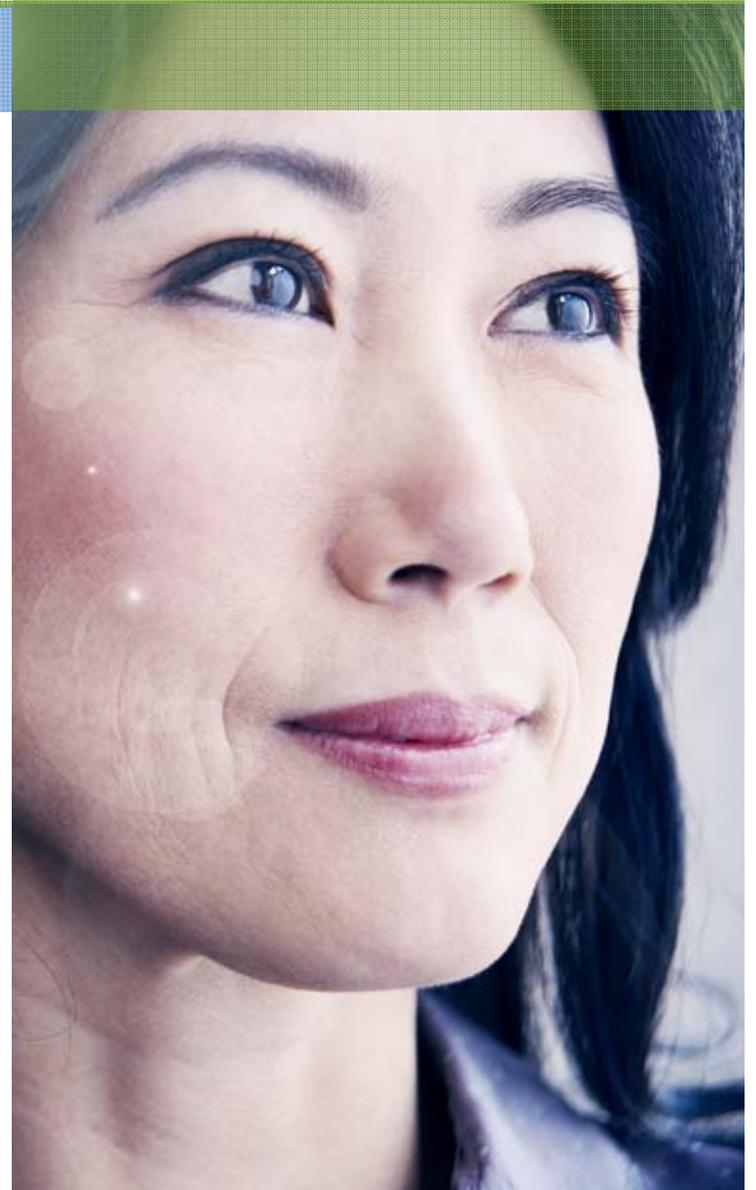


Confidentiality

The program is strictly confidential

Records are maintained by ComPsych®

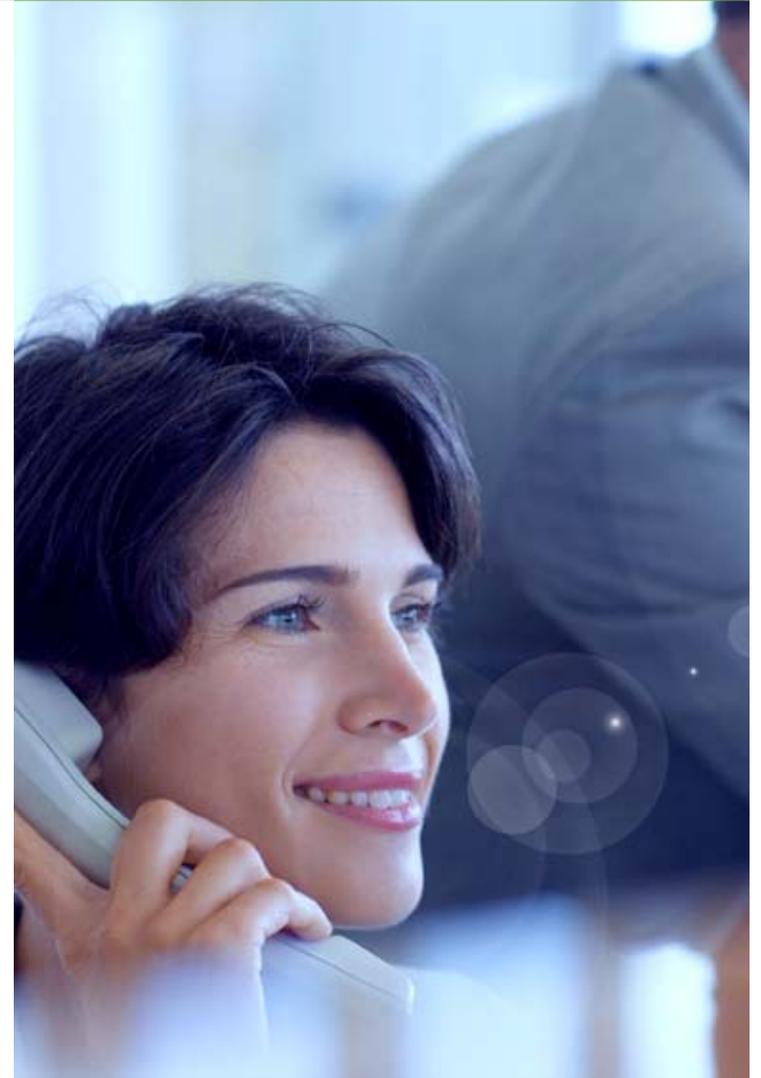
Summary of number of requests
for assistance



Available 24 Hours a Day

Call us anytime for solutions!
877.327.2362

Or Online:
www.GuidanceResources.com
Company Web ID: **HN8876C**



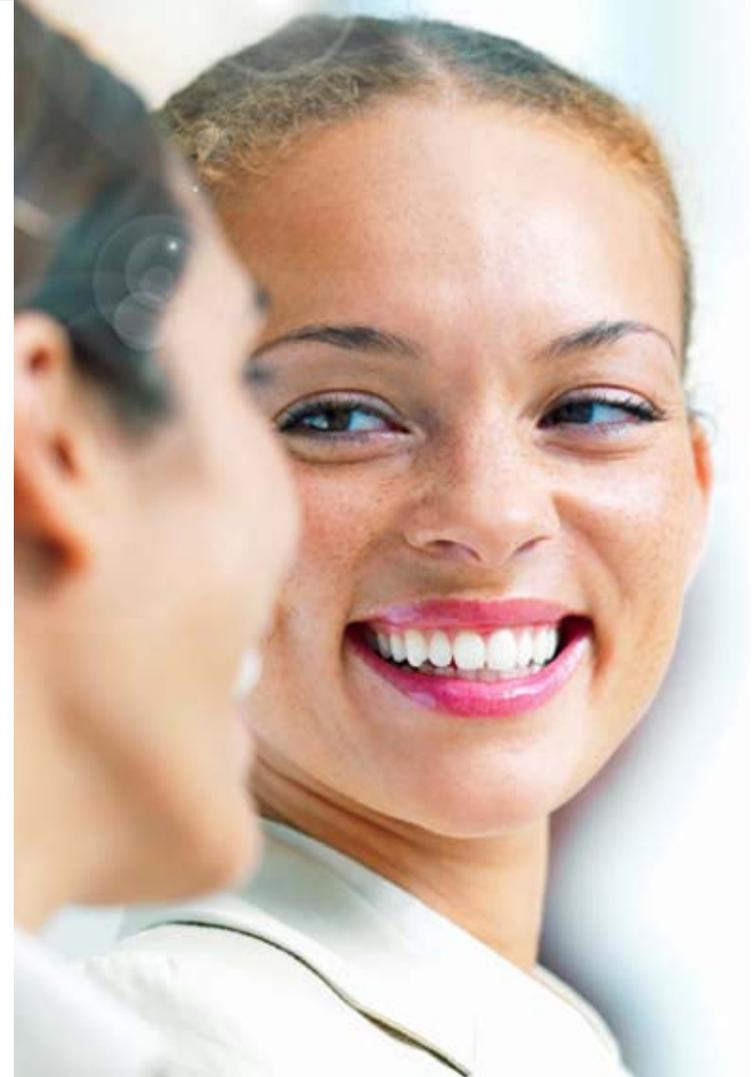
Confidential Counseling

Short-Term Counseling

- › Address issues early
- › No cost
- › Confidential
- › Voluntary

Long-Term Counseling

- › Continuing treatment for long-standing issues
- › Refer to insurance



Legal Information and Consultation

Expert legal information from licensed ComPsych® staff attorneys

- › Unlimited access
 - Family law
 - Wills
 - Bankruptcy
 - Estate planning
 - Real estate
 - ID Theft
- › Local, quality referrals
 - 30-minute in-person consultation
 - Discounted legal fees



Financial Information and Consultation

Financial information from ComPsych®
staff financial experts

- › Unlimited access
 - Budgeting
 - Income tax
 - Credit
 - Real estate
 - Debt
 - Retirement planning
- › Confidential and objective

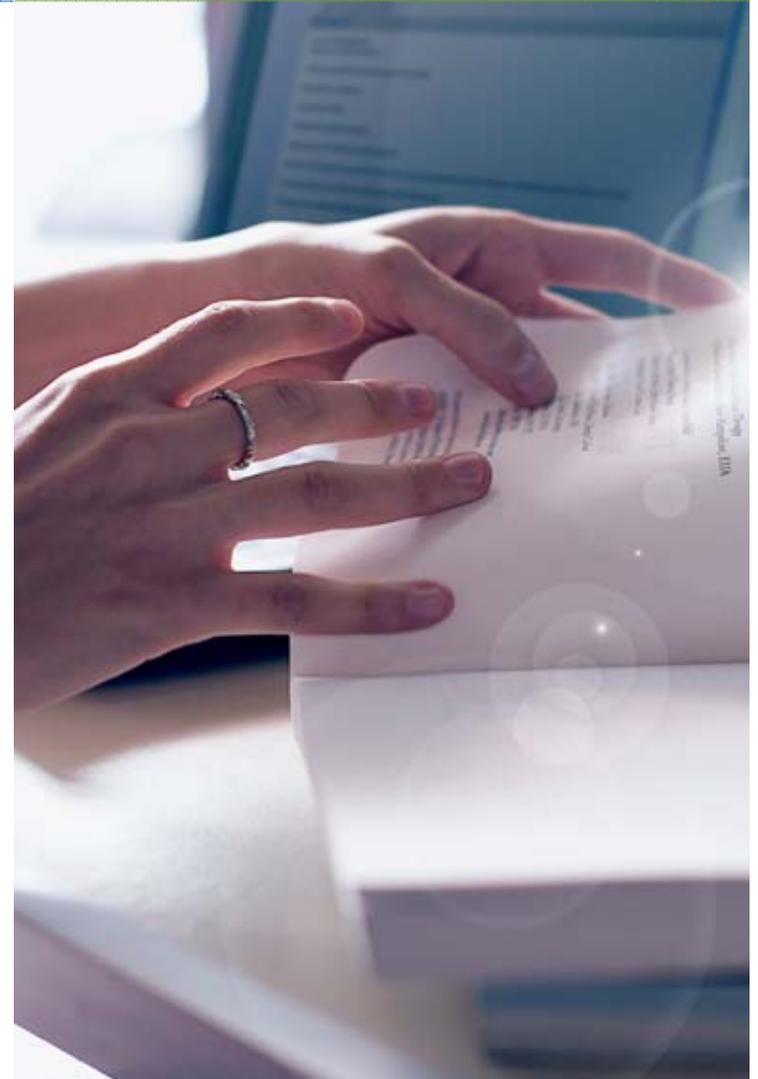


Work-Life Balance

Information, referrals and resources for work-life needs

Addressing work-life balance issues by providing practical information and referrals

- › Child and elder care
- › Educational options
- › Community information
- › Event planning
- › Home improvement
- › Buying/selling a home, relocation
- › Assistance with shopping and locating items



Online Information, Tools and Services

GuidanceResources® Online

Wellness Relationships Work & Education Financial Legal Lifestyle Home & Auto

USA - English >

Home User Profile Help

Arizona Department of Administration Benefit Options Benefit Services Division GuidanceResources Online welcomes Department of Administration.

I'M LOOKING FOR

- Counselor
- Lawyer
- Certified Financial Planner
- Child Care Provider
- Elder Care Provider
- College and University
- Discounts

HEALTH CARE NAVIGATION RESOURCES

- Benefits & Administration
- Physical Health & Clinical

SITE HIGHLIGHTS

ALERT: BREAKING NEWS AND INFORMATION

Wildfire Resources
Parts of California are being affected by wildfires. Get the latest information here.

Flooding Resources
Louisiana is experiencing severe flooding. Get the latest information here.



Healthy Cholesterol Levels

Hot Topics

- Becoming an Effective Mentor *-New!*
- 10 Ways to Celebrate Diversity *-New!*
- Mobile Apps for Everyday Life *-New!*
- Back-to-School Resource Guide
- Planning for Your Performance Review
- 10 Ways to Go Green
- What to Discuss Before Marriage
- Cost-effective Sack Lunches for Kids
- Do I know what my calcium needs are?

ASK A GUIDANCE CONSULTANT



Send a Question
Chat for a Referral
877-327-2362

TELL-IT-NOW! POLL

Have kids? If so, which of the following is most troubling to discuss?

- Violence in the news
- Political issues
- Bullying
- Sex / maturing process
- Alcohol / drug use
- Mental health (eating disorder, depression, etc.)
- Other

Submit

Is work stressing you out?
Click here to find out

MY SERVICE REQUESTS

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10

Online Registration

GuidanceResources® Online **COMPSYCH®**
GuidanceResources Worldwide

Login

 **USA - English** >

Registration: Profile

To register for GuidanceResources Online, simply fill in the areas below.

*** Required**

Organization Web ID * HN8876C

Select User Name and Password

User Name * (Select your own user name: 6-16 characters, no spaces.)

Password * [Password Requirements](#)

Re-enter Password *

In case you forget your User Name or Password...

E-mail Address *

Re-enter E-mail Address *

Security Question 1 *

Online Resources

GuidanceResources® Online

COMPSYCH®
GuidanceResources® Worldwide

Wellness Relationships Work & Education Financial Legal Lifestyle Home & Auto

USA - English >

ASK A GUIDANCE CONSULTANT

 Send a Question
Chat for a Referral
877-327-2362

WELLNESS TOPICS

- + Addiction
- + Emotional Well-being
- + Fitness & Nutrition
- + Grief & Loss
- + Personal Growth
- + Physical Health
- + Pregnancy
- + Personal Safety
- + Stress & Anger Management

I'M LOOKING FOR

-  Counselor
-  Lawyer
-  Certified Financial Planner
-  Child Care Provider

Wellness



Wellness is the state of being physically, mentally and emotionally healthy. Maintaining wellness is an ongoing process because everything you do and experience affects your well-being. Staying well reduces stress and illness, and allows you to have positive interactions with others. Learn more about how to preserve and improve your well-being.

MOST POPULAR TOOLS

Videos  Podcasts  Slideshows  Assessments  Calculators 

Understanding Your GuidanceResources Program

Learn about your employee assistance program.

Diet and Exercise Tips

Learn practical tips for your daily life.

Stress Survey Results

Learn more about what ComPsych has found to be top stressors in life and how your EAP can help.

Understanding Your GuidanceResources Program ENGLISH SUBTITLED

Learn about your employee assistance program with this subtitled video created to assist the hearing impaired. For best results, use the full screen option.

Thank You for Attending

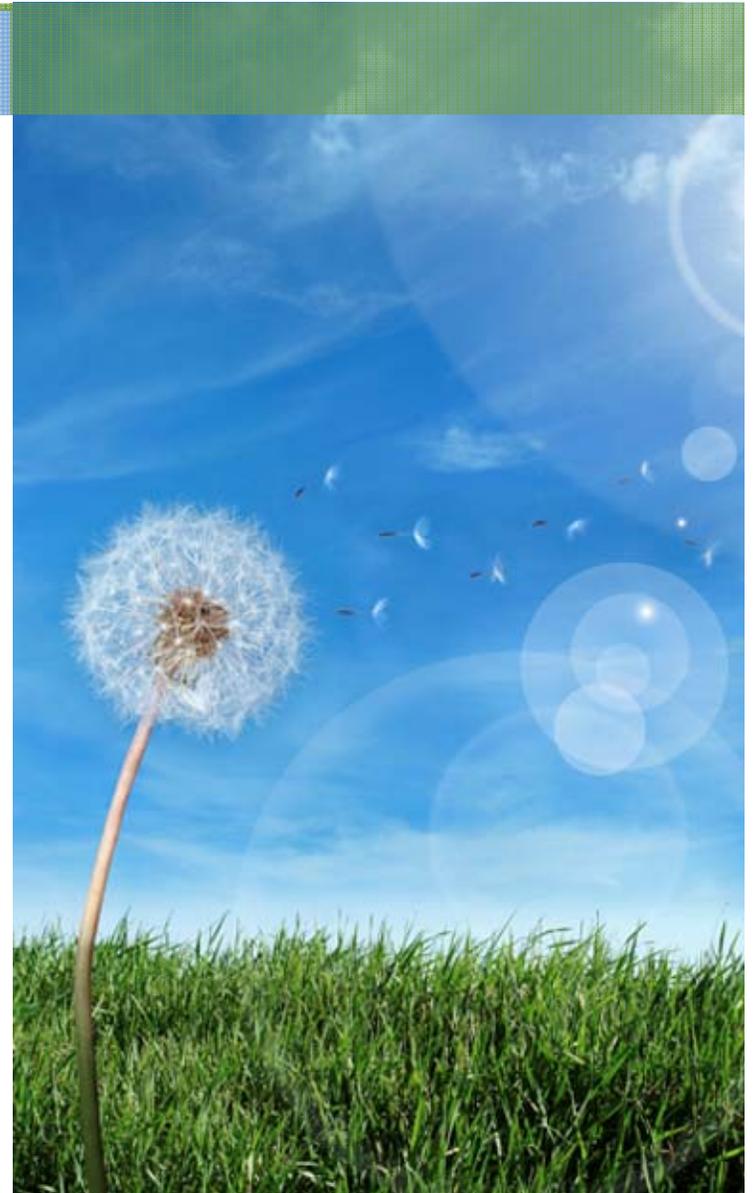
Your single source for confidential support, expert information and valuable resources, when you need it the most.

Available 24 hours a day, 7 days a week

Call: **877.327.2362** TDD: 800.697.0353

Online: **guidanceresources.com**

Your company web ID: **HN8876C**



Liberty Mutual has partnered with State of Arizona to offer you exclusive savings on auto and home insurance.¹

Along with valuable savings, enjoy access to benefits, such as:

- 24-Hour Claims Assistance
- Better Car Replacement
- Accident Forgiveness
- Convenient Payment Options

For a free quote, call: **800-786-1855**

Visit libertymutual.com/arizona, or come in to a local office.
112086



¹ Discounts and savings are available where state laws and regulations allow, and may vary by state. To the extent permitted by law, applicants are individually underwritten; not all applicants may qualify. Coverage provided and underwritten by Liberty Mutual Insurance and its affiliates, 175 Berkeley Street, Boston MA 02116.

Convenience

In addition to simplifying the insurance process by offering 12-month policies with rate guarantees, we also offer:

- Easy to enroll & obtain a quote
 - Local agents
 - Onsite representation
 - Phone
 - Internet

- Convenient payment options
 - Payroll deduction (no down payment, no billing fees)
 - Electronic funds transfer (EFT)
 - Recurring credit card
 - Direct billing

Ongoing Policy Assistance

For any questions surrounding enrollment, changes to existing policies or policy coverages and rates:

Extended customer service hours

Monday through Saturday: 7:00 am – 11:00 pm

Sundays: 9:00 am – 7:00 pm

Call 800-786-1855

mention client # 112086

Or visit:

www.libertymutual.com/arizona



Travelers Auto and Home Insurance Program

FOR EMPLOYEES OF THE STATE OF ARIZONA

Auto and Home Insurance at Special Program Rates

- Special program rates for State of Arizona employees on:
 - Auto
 - Home
 - Condo
 - Renters/Apartment
- Policies are portable
- Enrollment is all year round
- Convenient payroll deduction



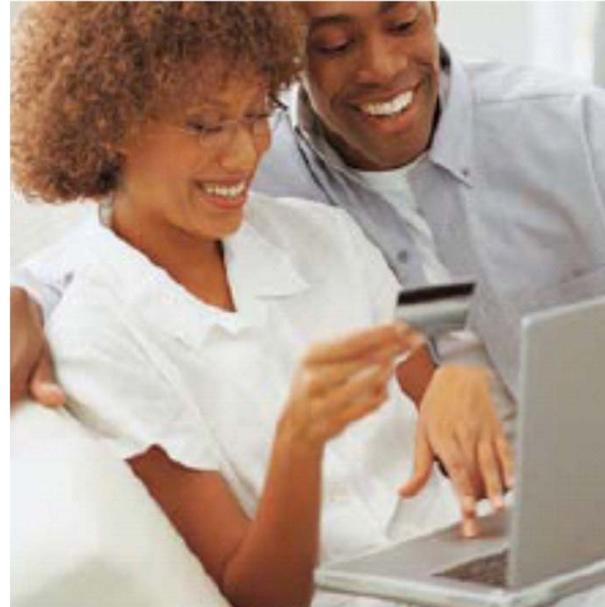
Payroll Deduction

- Bi-weekly deductions
- Premiums spread evenly
- No down payments
- No service fees
- No checks to write
- Additional payroll deduction discount



Other Available Payment Options

- Electronic Funds Transfer (EFT) from checking or savings accounts
- Recurring credit card payments
- Online payments
- Payments by phone
- Direct home bill



Money-Saving Discounts & Advantages

– on top of special program rates



Auto

- Safe Driver
- Multi-Policy
- Payroll Deduction
- New Car
- Hybrid Vehicle
- Multi-Car
- Good Student
- Driver Training
- Accident Forgiveness
- Anti-Theft
- Accident Prevention Course



Home

- Multi-Policy
- Green Home
- Home Buyer
- Loss Free Credit
- Protective Devices/Alarms

Additional Insurance Options

- Valuable Items
- Boat & Yacht
- Umbrella (Personal Excess Liability)
- Flood
- Recreational Vehicle
- Identity Fraud Expense Coverage

Easy Enrollment

- Request a Quote
 - By calling Travelers: **1.888.695.4640**
 - Monday–Friday: 6:00 am to 9:00 pm (MT)
 - Saturday–Sunday: 6:00 am to 4:00 pm (MT)
 - Or visit: www.travelers.com/az
- Easy Enrollment
 - Phone enrollment by Travelers licensed insurance representatives
 - No need to wait until current auto and home insurance policies expire
 - Enroll at any time – available all year long

Award-Winning Customer Service

- Customer Service is available
 - 24/7 -- 365 days a year
 - Toll Free: **1.800.842.5075**



Responsive Claim Service

- 24/7 claim reporting to a live person
- Claims handled by local Travelers claim professionals in Arizona
- Network of approved auto repair and glass shops
- Fleet of Mobile Claim Headquarters that travel quickly to disaster areas
- Smartphone service apps
- Claim reporting:
 - [1.800.252.4633](tel:18002524633)
 - Travelers.com



Travelers – A Company You Can Trust

- 160 years of providing insurance protection
- Travelers issued the first auto insurance policy in 1897
- A+ (Superior) rating by A.M. Best*
- Among the top Fortune 150 companies
- One of the 30 companies that make up the Dow Jones Industrial Average



*A.M. Best's rating of A+ applies to certain subsidiaries of The Travelers Companies, Inc. that are included in The Travelers Insurance Companies pool; other subsidiaries are separately rated. For a listing of companies rated by A.M. Best and other rating services visit travelers.com. Rating listed here in are as of May 10, 2012, are used with permission, and are subject to changes by the rating services. For the latest A.M. Best ratings, access ambest.com.