

Tobacco Cessation Program Information

What to Expect?

As an employee or retiree of the State of Arizona, smoking cessation help is available through this program at no cost to you. All help services are free and available in English and Spanish. To take the first step toward quitting, call 844-866-3727.

What to expect when you enroll in the program:

1 Enroll

When you're ready to enroll, call

844-866-3727

and select the option for the **State Employee Tobacco Cessation Program**. You will need to provide the following information:

- Phone Number
- Pharmacy Information
- Primary Care Provider Information
- Medical History
 - Food/Drug Allergies
 - Conditions
 - Current Medications
 - Use of Tobacco Cessation Products
- Smoking History



**Enroll Today
for a Healthier You**

Enrollment options with Arizona's Smoking Cessation Helpline (ASHLine) for extended counseling services are also available during sign-up or at any time thereafter at no cost to you.

For additional services, call the
ASHLine at 800-556-6222

2 Connect with Your Clinician

During your one-on-one consultations, your clinical pharmacist will:

- Answer any questions or concerns regarding smoking cessation therapies
- Help you set goals regardless of your quitting stage
- Discuss therapies available for tobacco cessation
- Provide ongoing support through your quit journey

3 Select a Tobacco Cessation Therapy

Your clinical pharmacist will work closely with you when determining an appropriate tobacco cessation therapy. Once selected, a prescription request will be sent to your primary care provider for approval. Approved therapies will be faxed to your preferred pharmacy, and we will notify you when the prescription will be ready.

4 Follow Up

Members of the clinical team will be available to help you with any questions or concerns you have along the way and will provide you with regularly scheduled follow-up appointments based on any tobacco cessation therapies selected.

About MedImpact

MedImpact is a pharmacy benefit manager who works with your health plan to get you the medication you need. Our goal is to make it as easy as possible for you by working with your health plan and pharmacy to provide timely and essential information about your medicine, including how to take it correctly, potential side effects, any lower-cost drug options and more.