



Schedule a colon cancer screening

It's time if you're age 50

We might not like to talk about it. However, if you are age 50 or older, it's important to have a colon cancer screening.

Why? Because this test can find growths *before* they turn to cancer. Plus, if you get checked and do have colon cancer, it's treatable — and beatable.

Ask questions!

It's okay to ask your doctor questions about the test, like:

- I've heard there's more than one test for colon cancer. Which one is right for me?
- How do I get ready for it?
- What will happen during the test?
- How will it feel?

Your doctor can help you make a choice that's right for you.

Check the [Be Smart About Your Health](#) and [Aetna IntelliHealth](#)® websites for guidance on health screenings.

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Source: Aetna IntelliHealth. Available at www.intelihealth.com. Accessed January 6, 2011.

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