

What can I do at myuhc.com®?

Find a doctor.
Track my blood pressure.
Find a great hospital.
Track my weight.
Look up my claims.
Improve my health.
Chat with a nurse.
Simplify my life.
Learn about diabetes.
Save money on services.
Stay focused on being healthy.
Replace my health plan ID card.
Record my health history.
Keep track of my family's medical history.
Estimate costs ahead of time.
Embrace wellness.
See my benefits.
Keep track of my shots.
And much, much more.

It all adds up to
peace of mind.

Organize my claims

- See the status of my current claims
- Check my past claims history
- View my monthly statements
- See my whole family in one view
- Print copies for my records

Find a doctor

- Search for a doctor or hospital in my area
- See which doctors meet stringent quality standards
- Evaluate hospitals on cost, quality and patient safety
- Find a mental health professional
- Get driving directions and print a map
- Find a doctor who treats a lot of people like me

Get more from your health benefits with **myuhc.com**

Get the facts

- Learn more about my coverage
- Check my current eligibility
- Look up my deductible or out-of-pocket limit

Manage my health

- Take a complimentary online Health Assessment, and get recommendations for change
- Read up-to-date, healthy lifestyle advice
- Use tools, quizzes, and calculators on a variety of topics from aging well to world travel

UnitedHealthcare Health4MeSM mobile app

- Access your family's health information anytime, anywhere.
- Features include easy access to registered nurses, personal health benefits information, and the ability to locate nearby physicians and hospitals.

(Currently available for iPhone[®] and Android[™] operating systems.)

Get help with decisions

- Learn more about health conditions or procedures
- Connect with a nurse through live, one-to-one online Nurse Chats
- Read up on common symptoms and what they might mean
- Explore various treatment options



It's easy to register.

1. Visit **www.myuhc.com**
2. Select **REGISTER NOW**
3. Type in the requested information
4. Get started

