Improving health has MANY REWARDS.

Cigna Healthy Rewards® includes special discounts on programs and services designed to help you enhance your health and wellness. The offers include brand names such as Jenny Craig®, Pearle Vision®, Curves®, drugstore™ and more.

No referrals. No claim forms. No catch.

If you have Cigna coverage, the choice to use Healthy Rewards is entirely yours. The program is separate from your coverage, so the services don't apply to your plan's copays or coinsurance. No doctor's referral is required – and no claim forms, either. Set the appointments yourself, show your ID card when you pay for services and enjoy the savings.

Discounts are available for the following health and wellness programs:

- Weight management and nutrition
- Fitness
- Tobacco cessation
- Mind/body
- Vision and hearing care
- Alternative medicine
- Healthy lifestyle products
- Dental care

Good health is its own reward. So consider this a well-deserved bonus. For a complete list of Healthy Rewards vendors and programs, **visit www.MyCigna.com or call 1-800-870-3470**

GO YOU℠

Cigna®

Offered by: Connecticut General Life Insurance Company or Cigna Health and Life Insurance Company.

*Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states. If your Cigna plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. Healthy Rewards programs are separate from your medical benefits. **A discount program is NOT insurance, and the member must pay the entire discounted charge.**

"Cigna" and "Healthy Rewards" are registered service marks, and the "Tree of Life" logo and "GO YOU" are service marks, of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company (CGLIC), Cigna Health and Life Insurance Company (CHLIC), Cigna Behavioral Health, Inc., and HMO or service company subsidiaries of Cigna Health Corporation and Cigna Dental Health, Inc. In Arizona, HMO plans are offered by Cigna HealthCare of Arizona, Inc. In California, HMO and Network plans are offered by Cigna HealthCare of California, Inc. In Connecticut, HMO plans are offered by Cigna HealthCare of Connecticut, Inc. In North Carolina, HMO plans are offered by Cigna HealthCare of North Carolina, Inc. All other medical plans in these states are insured or administered by CGLIC or CHLIC. All models are used for illustrative purposes only.

835121 07/12 © 2012 Cigna. Some content provided under license.