

Be

# HIP



## BE IN THE KNOW...

Visiting your dentist for two routine cleanings each year will earn you points in the BeWell Health Impact Program.

For more information on HIP, a program for benefits eligible employees, visit [www.benefitoptions.az.gov/wellness](http://www.benefitoptions.az.gov/wellness)

## Prevention Matters.



# 81%

of people with dental benefits visit the dentist

## TWICE



OR MORE ANNUALLY. MAKE SURE YOU'RE ONE OF THEM!

Cavities are nearly



# 100%

## PREVENTABLE

AMERICANS WHO GO TO THE DENTIST AT LEAST ONCE A YEAR ARE

# 22%



more likely to feel good about their lives



Dental exams can detect more than

# 120 DISEASES



that cause signs and symptoms in the mouth and jaw

EVERY DOLLAR SPENT ON PREVENTIVE CARE, SUCH AS BRUSHING AND CLEANING,



saves

# \$8 to \$50

IN RESTORATIVE CARE

Benefit Options  
Choice Value Health

Schedule your dental cleaning today!  
To find a Delta Dental dentist near you visit,  
[deltadentalaz.com/find](http://deltadentalaz.com/find)

 DELTA DENTAL®