

# Preventive Dental Care Matters

## BEWELL HEALTH IMPACT PROGRAM

### DID YOU KNOW...

Visiting your dentist for two routine cleanings each year will earn you **50 points** in the BeWell Health Impact Program.

**SCHEDULE  
YOUR DENTAL  
CLEANING TODAY!**

# 57%

of ADOA employees with dental benefits visit the dentist for a



**MAKE SURE YOU'RE  
ONE OF THEM!**

## Cavities

**ARE**   
**NEARLY**

**100%**  
**PREVENTABLE.**

AMERICANS WHO GO TO THE DENTIST AT LEAST ONCE A YEAR ARE

# 22%



**MORE LIKELY TO  
FEEL GOOD** ABOUT  
THEIR LIVES.

Dental exams can detect more than 

# 120 DISEASES

that cause signs and symptoms in the

*mouth* and *jaw*. 

EVERY DOLLAR SPENT ON PREVENTIVE CARE, SUCH AS BRUSHING AND CLEANING,



saves **\$8 to \$50**  
IN RESTORATIVE CARE.

Visit [benefitoptions.az.gov/wellness](http://benefitoptions.az.gov/wellness) for more information or visit [deltadentalaz.com/find](http://deltadentalaz.com/find) to find a Delta Dental dentist near you!