



(AGENCY) WALK FOR WELLNESS

Worksite Walking Group

(AGENCY/DIVISION) is offering a Walking Group at (AGENCY LOCATION). This Walking Group is open to all employees at (AGENCY/DIVISION), and will be led by you and your peers. All fitness levels are encouraged to join.

Track your minutes, miles or steps walked in the Walk for Wellness program and earn points toward the Health Impact Program (HIP). For complete program information, visit the Benefit Options Wellness website at www.benefitoptions.az.gov/wellness.

Let's make the (AGENCY) a healthier worksite together!



(DATE)

(DAY)

(TIME)

(LOCATION)

FOR MORE
INFORMATION,
CONTACT:

(NAME)

(PHONE NUMBER)

(EMAIL ADDRESS)



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