



it is Time
to Keep Healthy

Get the
Shot



2015 flu & pneumonia clinics

Tuesday, September 8th

12:30PM-1:15PM

DES Safford

333 N. 8th Ave.

Employee Conference Room

2:15PM-3:15PM

DOC Safford

896 S. Cook Rd.

OHN Office

6PM-8PM

Graham County - Safford

820 W. Main St.

Health Annex

Wednesday, September 9th

6AM-10AM

Graham County - Safford

820 W. Main St.

Health Annex

11AM-11:30AM

U of A Safford

2134 S. Montierth Ln

Conference Room

1PM-3PM

Greenlee County - Clifton

253 5th St.

Health Department Lobby

Tuesday, October 13th

8AM-9:30AM

ADOT Safford

2082 US Hwy 70

District Training Room



free Flu Shots for State of AZ Employees!

Available for benefit eligible state employees. The Flu shots are also free for spouses, dependents (age 4+) and retirees with Benefit Options coverage. You must show proof of employment or a Benefit Options insurance card and must know your:

Employee Identification Number (EIN).

new this year Quadrivalent flu shots
Flu vaccine which protects against four flu strains (2A & 2B). Inactivated vaccine. Recommended annually to help prevent the newest strains of influenza.

Pneumonia Shot \$90

Helps protect long term, depending on risk, against 23 types of bacterial pneumonia, deadly blood infections, and meningitis.

You should not receive either vaccine if you:

- Have ever had a serious allergic reaction to eggs or to either vaccine
- Have a fever, acute respiratory or other active infection or illness
- Have a history of Guillain-Barre Syndrome (a severe, paralytic illness)

No appointment necessary.

Make sure shirt/dress sleeves can be rolled up to the shoulder.

For a complete list of dates and locations, visit:

<http://benefitoptions.az.gov/wellness/>

or call 602.771.9355

www.healthwaves.com | 480.968.1886