







# Protect Your Health & Your Wallet

## Choose the Right Care for Your Needs

	 <b>Nurseline</b>	 <b>Telemedicine</b>	 <b>Walk-In Clinic</b>	 <b>Doctor's Office</b>	 <b>Urgent Care</b>	 <b>Emergency Room</b>
<b>CONDITIONS TREATED &amp; SERVICES AVAILABLE</b>	<ul style="list-style-type: none"> <li>● Headache</li> <li>● Cold/Flu/Fever</li> <li>● Acne</li> <li>● Allergies</li> <li>● Rash</li> <li>● Sore Throat</li> <li>● Stomach Ache</li> <li>● Questions</li> <li>● Treatment Referrals</li> </ul> <p><i>Nurseline Number</i> Printed on the back of your insurance card.</p>	<ul style="list-style-type: none"> <li>● Headache</li> <li>● Cold/Flu/Fever</li> <li>● Sore Throat</li> <li>● Vomiting &amp; Diarrhea</li> <li>● Rash</li> <li>● Screenings</li> <li>● Prescriptions</li> </ul> <p><i>Choose Your App</i></p> <ul style="list-style-type: none"> <li>● Doctor on Demand App</li> <li>● Medical Carrier's App</li> </ul>	<ul style="list-style-type: none"> <li>● Cold/Flu/Fever</li> <li>● Sore Throat</li> <li>● Sinus</li> <li>● Earache</li> <li>● Minor Cut/Burn/Rash</li> <li>● Immunizations</li> <li>● Prescriptions</li> <li>● Drug Store Locations</li> </ul> <p><i>Resource for State Employees</i> Premise Health Care Center 301 W Jefferson St - 2nd Fl 480-347-4791   M-F 8 am-4 pm</p>	<ul style="list-style-type: none"> <li>● Preventive Care</li> <li>● Routine Check-up</li> <li>● Annual Physical</li> <li>● Medication Tracking</li> <li>● Immunizations</li> <li>● Screenings</li> <li>● General Health Issues</li> <li>● Referrals</li> </ul> <p><i>Choose a Primary Care Physician (PCP)</i> Establish a relationship for consistent, quality care.</p>	<ul style="list-style-type: none"> <li>● Headache</li> <li>● Cold/Flu/Fever</li> <li>● Minor Cut/Burn/Rash/Bite</li> <li>● Lower Back Pain</li> <li>● Joint Pain</li> <li>● Sprain</li> <li>● X-Rays (varies)</li> </ul>	<ul style="list-style-type: none"> <li>● Chest Pain</li> <li>● Head Injury</li> <li>● Short of Breath</li> <li>● Suddenly Numb/Weak</li> <li>● Uncontrolled Bleeding</li> <li>● Severe Cut/Burn/Bite</li> <li>● Overdose</li> <li>● Broken Bone</li> <li>● Seizure/Unconscious</li> <li>● Vision Blurred</li> </ul>
<b>HOURS</b>	24 Hours via Phone	24 Hours via Smart Device	Retail Hours	Office Hours	8 am - 9 pm Typically	24 Hours
<b>WAIT TIME</b>	2-3 Minutes Avg	5-10 Minutes Avg	15 Minutes Avg	By Appointment	20 Minutes Avg	2-4 Hours Avg
<b>LOCATION</b>	Your Home or Office	Your Home or Office	Drive to Location	Drive to Office	Drive to Facility	Drive to Facility
<b>COST</b>	\$0	EPO/PPO \$49 fee*   \$20 copay** HDHP \$49* fee   10% co-ins**	EPO/PPO \$75 avg*   \$20 copay** HDHP \$75 avg*   10% co-ins**	EPO/PPO \$150 avg*   \$20 copay** HDHP \$150 avg*   10% co-ins**	EPO/PPO \$150 avg*   \$75 copay** HDHP \$150 avg*   10% co-ins**	EPO/PPO \$1,600 avg*   \$200 copay** HDHP \$1,600 avg*   10% co-ins**

\*Before deductible met. \*\*After deductible met, copay/coinsurance applies. Prices and services subject to change.

**Note: This information is for guidance only. If you are experiencing an emergency, call 911.**

Active | Rev. 9.2019

**ARIZONA**  
DEPARTMENT OF ADMINISTRATION  
BENEFITS

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