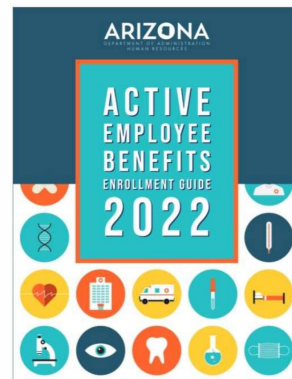


November 2021 Edition

Open Enrollment Info, Flu Shots, Higher Ed Spotlight, Nationwide Financial Virtual Booth Days, Holiday Shopping Discounts and more.

Reminder: Open Enrollment ends November 19, 2021

The Open Enrollment period for 2022 benefits is November 1-19, 2021. Here's the information you need to know.



Do You Need to Enroll?

- All premiums, plans, coverages and carriers remain the same for 2022.
- To keep your Flexible Spending Account (FSA) for healthcare, limited purpose or daycare/eldercare, you must re-enroll each year.
- If you DON'T have an FSA, and you want to keep your current coverage for 2022, re-enrollment is not required.
- To change your coverage: You may add/drop dependents, and change coverage or carriers by going through Open Enrollment on hrsistemas.azdoa.gov> YES Portal.

Learn More

Get the [enrollment guide](#), see the [PicWell plan comparison tool](#), enroll for a [live webinar](#), watch a [recording](#) or find the [slides](#) on benefitoptions.az.gov/oe2022.

Flu Shots - Time to Roll Up Your Sleeve



Protect yourself and others with a flu shot. Since the flu virus changes from year to year, you need to get a flu shot annually. Flu shots are considered preventive and are available at \$0 for all employees and covered dependents on our medical plans. Plus, you can earn [HIP points](#). See a full schedule of convenient worksite clinics and public locations on wellness.az.gov/flushot.

COVID-19 Update

- **Testing:** Free rapid saliva testing is available on a walk-in basis at [state-run sites](#) in Flagstaff, Mesa, Scottsdale and Tucson. If you want to attend a state site and there are no appointments left on the registration site, you will be accepted as a walk-in. Please help prevent the spread of COVID-19 by getting tested if you have symptoms and isolating if you test positive.
- **Vaccines:** Free vaccines are widely available at doctor's offices, pharmacies, and numerous other locations around the state. Arizonans age 5 and older are eligible to receive the vaccine. You can find a vaccine site at azheath.gov/findvaccine. You can also earn 2,500 [HIP](#) points, see below.



Fall into HIP!

If you're enrolled in our Health Impact Program (HIP), you still have plenty of time to reach the point goal!

- See the new [Path to Points](#) flyer for quick and easy ways to get those points - there's a section labeled "High-Point Value Activities" that you have to check out.
- Remember, you can earn 5,000 bonus points for an annual physical and 2,500 points for the COVID vaccine.
- Be sure to get your points logged by the end of the program year on December 31 to be eligible for the \$200 incentive payout in January. Learn more on member.virginpulse.com > Home > How to earn.
- If you haven't yet joined, we encourage you to do so to get a head start to learn more about how this works and the resources it provides before the January 2022 launch.

November Webinar

Our webinars give you tips you can use to improve your life every day. Earn [25 HIP points](#) for viewing a [live or recorded webinar](#) with the ability to earn up to 100 points per year. All webinars are closed captioned with a custom link for each event listed on wellness.az.gov/classes.

- **Let's Talk Politics: How to Have Disagreements without Damaging Relationships** | Tues., Nov. 16, 11:30 am - 12:30 pm Arizona Time | [Registration](#) | [Flyer](#)

November is Diabetes Awareness Month

Take advantage of this helpful wellbeing information from our medical carriers. *Note: You do not have to be enrolled with a carrier to view their information.*



BlueCross BlueShield of Arizona

- [Get Smart About Diabetes](#)
- [Great American Smokeout Nov. 20](#)
- Recipe: [Quinoa Lasagna](#)

UnitedHealthcare

- [Life with Diabetes](#)
- [Eating with Diabetes Webinar](#)

Higher Ed Spotlight: DeVry University

State employees get one free course of their choosing, and receive a 25% reduced rate for all other courses. Applications are complimentary, and dependents and spouses are also eligible for all these benefits.



Programs range from Certificates to Masters degrees in IT, Engineering, Cyber Security, Business and Project Management, HR and more, with the advantage of shorter 8 week classes. Visit the Coffee Break Open House event on Dec. 15. Pop-in for five minutes to learn more about each program and other professional development opportunities offered through the partnership. Email mdobkin@devry.edu to register.

- [DeVry University partner website](#) | [Flyer](#)



Nationwide Deferred Compensation Plan Virtual Booth Days through December 4

Learn about the the 457(b) plan from
Nationwide Financial

- Explore our short videos and education resources at our interactive event
- Meet virtually with a Retirement Specialist
- Enroll in a 457(b) plan and start saving for your future
- [Visit booth](#) | [Flyer](#)

Holiday Shopping Discounts

There are several discounts available to State employees to make your holiday shopping a little easier.

Check out our [discount page](#) for more information.



Questions?

Please contact a Benefit Options representative by phone 602-542-5008, toll-free 1-800-304-3687, by email benefits@azdoa.gov or visit benefitoptions.az.gov. Our office is closed for walk-ins at this time, but we can help you virtually Monday-Friday, 8 am - 5 pm Arizona Time, except holidays



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[Unsubscribe](#)