# Protect Your Health & Your Wallet

## Choose the Right Care for Your Needs

### Nurseline
- Headache
- Urinary Tract Infection
- Cold/Flu/Fever
- Acne
- Allergies
- Rash
- Sore Throat
- Stomach Ache
- Questions
- Treatment Referrals

**Note:** Find the Nurseline number on the back of your insurance card.

### Telemedicine
- Headache
- Urinary Tract Infection
- Cold/Flu/Fever
- Sore Throat
- Vomiting & Diarrhea
- Rash
- Screenings
- Prescriptions
- Doctor on Demand App
- Medical Carrier App

### Walk-In Clinic
- Cold/Flu/Fever
- Sore Throat
- Sinus
- Earache
- Minor Cut/Burn/Rash
- Immunizations
- Screenings
- Prescriptions
- Drug Store Locations

**Resource for State Employees**
Premise Health Care Center
301 W Jefferson St - 2nd Fl
480-347-4791 | M-F 8 am-4 pm

### Doctor’s Office
- Preventive Care
- Routine Check-up
- Annual Physical
- Medication Tracking
- Immunizations
- Screenings
- General Health Issues
- Referrals

### Urgent Care
- Headache
- Urinary Tract Infection
- Cold/Flu/Fever
- Minor Cut/Burn/Rash/Bite
- Lower Back Pain
- Joint Pain
- Sprain
- X-Rays (varies)

### Emergency Room
- Chest Pain
- Head Injury
- Short of Breath
- Suddenly Numb/Weak
- Uncontrolled Bleeding
- Severe Cut/Burn/Bite
- Overdose
- Broken Bone
- Seizure/Unconscious
- Vision Blurred

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### HOURS
- 24 Hours via Phone
- 24 Hours via Smart Device
- Retail Hours
- Office Hours
- 8 am - 9 pm Typically
- 24 Hours

### WAIT TIME
- 2-3 Minutes Avg
- 5-10 Minutes Avg
- 15 Minutes Avg
- By Appointment
- 20 Minutes Avg
- 2-4 Hours Avg

### LOCATION
- Your Home or Office
- Your Home or Office
- Drive to Location
- Drive to Office
- Drive to Facility
- Drive to Facility

### COST
- $0
- EPO/PPO $49 fee* | $20 copay**
- HDHP $49* fee | 10% co-ins**
- EPO/PPO $75 avg* | $20 copay**
- HDHP $75 avg* | 10% co-ins**
- EPO/PPO $150 avg* | $20 copay**
- HDHP $150 avg* | 10% co-ins**
- EPO/PPO $150 avg* | $75 copay**
- HDHP $150 avg* | 10% co-ins**
- EPO/PPO $1,600 avg* | $200 copay**
- HDHP $1,600 avg* | 10% co-ins**

*Before deductible met. **After deductible met, copay/coinsurance applies.

**Note:** This information is for guidance only. If you are experiencing an emergency, call 911.

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